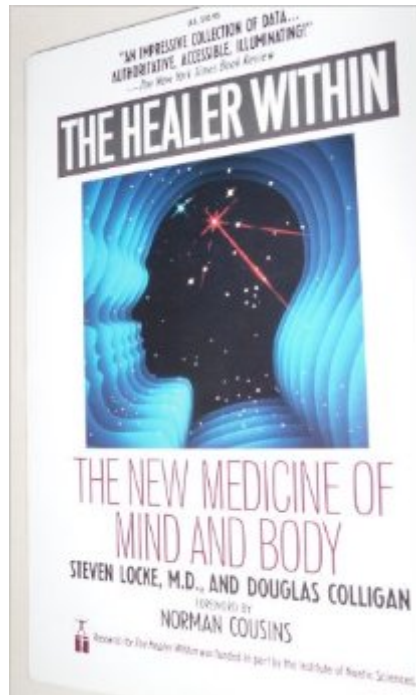


The book was found

The Healer Within: The New Medicine Of Mind And Body



Synopsis

Harvard Medical School professor Dr. Steven Locke and Omni magazine editor Douglas Colligan clearly present a complete study of the new science of psychoneuro-immunology that shows astounding ways in which emotions and attitudes can affect health and treatment of illness. HC: Dutton. --This text refers to an out of print or unavailable edition of this title.

Book Information

Unknown Binding: 272 pages

Publisher: Dutton Adult; 1 edition (April 17, 1986)

Language: English

ISBN-10: 052524283X

ISBN-13: 978-0525242833

Product Dimensions: 20 x 20 x 20 inches

Shipping Weight: 14.4 ounces

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #2,984,390 in Books (See Top 100 in Books) #81 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Medicine & Psychology](#) #12731 in [Books > Medical Books > Medicine > Internal Medicine > Pathology > Diseases](#)

Customer Reviews

In a nutshell: our mind and emotions influence our health. He stops there. Research presented here is exemplified by a report on page 188 of a clinical psychologist who spent three years visiting complementary cancer centers all over the world. Therapies ranged from diet and macrobiotics, special herbs, and cancer-fighting mental imagery. His report? 10% of patients experienced no discernible improvement, 40% confessed to some temporary benefit to the quality of their lives, 40% reported felt slightly more long-lasting benefit for a period of weeks, months or even years in which they lived disease-free, 10% had a partial or complete remission of cancer. So if your stage of healing is looking for hope, this is your book. However some of you readign this already have hope and are now attempting to walk your own Hero's Journey of self-healing. If so, this book is too general for you, too little about specific, effective methods. Similarly, if you are already beyond teh stage of verifying and validating how mind and emotions influence physicia health, this book is too general for you. The next stage after accepting mental-emotional disturbance affects physical wellness, is asking, "Which method(s) will be most effective for me; and, how do I apply them?" That's the Hero's Journey of self-healing, exploring specific methods, trying them on for size,

learning what works for you, building your own Healing Toolbox, tool by tool. If you find *The Healer Within* book to general for you, try any of several reference books connecting physical concerns with mental-emotional issues. The most accessible are *Your Body Speaks Your Mind* and *The Meaning of Illness Is Now an Open Book*.

[Download to continue reading...](#)

The Healer Within: The New Medicine of Mind and Body *Tapping the Healer Within: Using Thought-Field Therapy to Instantly Conquer Your Fears, Anxieties, and Emotional Distress* *BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies)* *Body Language: Body Language Training - Attract Women & Command Respect, by Mastering Your High Status Body Language (Body Language Attraction, Body Language ... Language Secrets, Nonverbal Communication)* *The Aromatherapy Bronchitis Treatment: Support the Respiratory System with Essential Oils and Holistic Medicine for COPD, Emphysema, Acute and Chronic Bronchitis Symptoms (The Secret Healer Book 6)* *The Tale of Healer Miguel Perdomo Neira: Medicine, Ideologies, and Power in the Nineteenth-Century Andes (Latin American Silhouettes)* *Shaman, Healer, Sage: How to Heal Yourself and Others with the Energy Medicine of the Americas* *Hypnosis: Medicine of the Mind: Hypnosis: Medicine of the Mind - A Complete Manual on Hypnosis for the Beginner, Intermediate and Advanced Practitioner* *Irritable Bowel Syndrome & the Mind-Body Brain-Gut Connection: 8 Steps for Living a Healthy Life with a Functiona (Mind-Body Connection)* *Detox The Body: How To Detox Your Body For Fast Weight Loss (detox health, juicing, cleanse, diet, plan, foods, eating, naturally, juice, body mind soul, essentials, drinks, guide, book)* *BODY LANGUAGE : Decoding Alpha Male Body Language, Instantly Attract Any Woman Without Saying a Single word. (Body Language 101, Alpha male, Attract woman, ... Seduce Women, Eye Contact, Body Language)* *Lights-Out Putting : A Mind, Body, and Soul Approach to Golf's Game Within the Game* *Discover the Power Within You: A Guide to the Unexplored Depths Within* *Reinventing Medicine: Beyond Mind-Body to a New Era of Healing* *New Mind New Body: The Inner Makeover for a New You* *The Wounded Healer: Ministry in Contemporary Society (Doubleday Image Book. an Image Book)* *Scent of Magic (Healer Book 2)* *Moments in the Death of a Flesh Mechanic ... a healer's rebirth* *Carl Jung: Wounded Healer of the Soul* *Sales Strategies for Gentle Souls: Targeted Sales Training for Professional Aromatherapists (The Secret Healer Business Guides Book 1)*

[Dmca](#)